

## Newsletter Sunday 10th of May 2026

**Senior Citizens Bingo** continue to meet every **Monday from 14.00-16.00** in Coffee Dock. All are welcome to join and enjoy some games with a cup of tea and chat. Great fun and prizes too.

**Dance Fit Queens** continues every **Monday for girls aged 10-14. 4 weeks**, Conference Hall, **15.15 – 16.15**. This fun class teaches hip-hop routines, while helping build fitness and confidence. All welcome, come along and enjoy moving to the music! Contact **Nichola** on **086 317 5042** to secure your place for the 4-week term.

**Chair Yoga Class:** continues **Mondays at 12.15** in the Conference Hall. Classes are suitable for anyone who does not enjoy being on a mat and older adults who want to build their strength, improve their balance and want to move with confidence. Suitable for all levels of fitness. For more information Contact **Cora** on **086-8795643**.

**Book Club:** will meet next on **Tuesday 19<sup>th</sup> of May** @10.30am to discuss *the One Dublin One Book choice Christine Falls by John Banville* in the Coffee Dock. New members are always welcome.

**New Class: Dance Craft**, a well-established local dance group, returns to the Pastoral Centre with **Ballroom and Latin classes** for children and adults of all ages and levels, Wednesdays and Saturdays. Private tuition also available. Pay-as-you-go. **New members very welcome.** Contact Kelly: 086 888 5657.

**New class: Tai Chi** -beginner, adults commencing on **Thursday the 21<sup>st</sup> of May at 10.35 – 11.35. Places are available.** For further information or to book, please contact Master Dong via email [chinese.europeanculturalcentre@gmail.com](mailto:chinese.europeanculturalcentre@gmail.com) or by phone on 089-9614658

**The Film Club:** Will meet this **Thursday the 14<sup>th</sup> of May in Room 3** on **Thursday 2.30-5pm**. The film this week is “Jack & Sarah” starring Richard E. Grant & Judi Dench. Relax, enjoy the film and a cup of tea, all are welcome.

**SOS Sew on Saturday** 10am – 1pm on **23<sup>rd</sup> of May 2026**. Learn to sew, alter your clothes, or make something new, just come and sew!! Contact Sinead 086-6081574 for more information

**St Nicholas Montessori** – located in Room 1 of the Pastoral Centre -places available for September 2026, now enrolling. Contact [info.school@smsi.ie](mailto:info.school@smsi.ie) for more information.

**Yoga Classes** continues with Emma on Saturdays. **Please note the new time of 10.30am – 11.30am in The Murray Centre.** Pay *as you go* or per term. For further information or to book a place please contact Emma on 086-3935141 or [duff.emma@gmail.com](mailto:duff.emma@gmail.com) Gift vouchers available per class or per term.

**Lost Property:** There are several items in the “Lost Property Box” at Reception in the Pastoral Centre including umbrellas, items of clothing, water bottles etc. these items will be held till **Friday the 16<sup>th</sup> of May 2026** after which they will be disposed of appropriately.

**Summer Camps:** The following Summer Camps are booked into the Centre over July & August:

Channey Farrell Irish Dancing contact Deirdre -086-2438118 / Leinster School of Ballet contact Shauna – 086-2650082 / Brick4Kidz contact Raj 087-7188020 / Nutty Scientists to register <https://nutyscientists.com/dublinsouth/>

**Coffee Dock – 9.00am to 12:30pm from Monday to Friday.** Come along, bring a friend, a warm welcome awaits you!

An up-to-date listing of all **activities** is available from reception in the Pastoral Centre.