

## Newsletter Sunday 17th of May 2026

**Senior Citizens Bingo** continue to meet every **Monday from 14.00-16.00** in Coffee Dock. All are welcome to join and enjoy some games with a cup of tea and chat. Great fun and prizes too.

**Dance Fit Queens** continues every **Monday for girls aged 10–14. 4 weeks**, Conference Hall, **15.15 – 16.15**. This fun class teaches hip-hop routines, while helping build fitness and confidence. All welcome, come along and enjoy moving to the music! Contact **Nichola** on **086 317 5042** to secure your place for the 4-week term.

**Chair Yoga Class:** continues **Mondays at 12.15** in the Conference Hall. Classes are suitable for anyone who does not enjoy being on a mat and older adults who want to build their strength, improve their balance and want to move with confidence. Suitable for all levels of fitness. For more information Contact **Cora** on **086-8795643**.

**Book Club:** will meet next on **Tuesday 19<sup>th</sup> of May** @10.30am to discuss *the One Dublin One Book choice Christine Falls by John Banville* in the Coffee Dock. New members are always welcome.

**New Class: Dance Craft**, a well-established local dance group, returns to the Pastoral Centre with **Ballroom and Latin classes** for children and adults of all ages and levels, Wednesdays and Saturdays. Private tuition also available. Pay-as-you-go. **New members very welcome.** Contact Kelly: 086 888 5657.

**Crafty Angels** will meet on **Thursday 21<sup>st</sup> of May** at 2.30 – 4.00pm in Room 3. Come along and bring a friend. Enjoy crafting your own work and a cuppa together.

**Pastoral Patchwork** this lovely group will next meet on **Friday 22<sup>nd</sup> of May** at **09.30-11.30** in **Room 3**. All are welcome.

**SOS Sew on Saturday** 10am – 1pm on **23<sup>rd</sup> of May 2026**. Learn to sew, alter your clothes, or make something new, just come and sew!! Contact Sinead 086-6081574 for more information

**St Nicholas Montessori** – located in Room 1 of the Pastoral Centre -places available for September 2026, now enrolling. Contact [info.school@smsi.ie](mailto:info.school@smsi.ie) for more information.

**Yoga Classes** continues with Emma on Saturdays. **Please note the new time of 10.30am – 11.30am in The Murray Centre.** For further information or to book a place please contact Emma on 086-3935141 or [duff.emma@gmail.com](mailto:duff.emma@gmail.com)

**Summer Camps:** We are delighted to welcome back **Bricks4kiz** summer camps to the Pastoral Centre in July 2026. Camps provide the opportunity for kids to develop and display their STEM and creative talent. For more information or to book a place please contact Raj 087-7188020

**The Nutty Scientists Summer Camp** which sparks their imagination and creative abilities as well is coming to the Pastoral Centre for the first time this year. For further information or to book a place please contact Satti on their website <https://nutyscientists.com/dublinsouth/>

**Coffee Dock – 9.00am to 12:30pm** from **Monday to Friday**. Come along, bring a friend, a warm welcome awaits you!

An up-to-date listing of all **activities** is available from reception in the Pastoral Centre.