

## Newsletter Sunday 07th of June 2026

**Senior Citizens Bingo** continue to meet every **Monday from 14.00-16.00** in Coffee Dock. All are welcome to join and enjoy some games with a cup of tea and chat. Great fun and prizes too.

**Dance Fit Queens** continues every **Monday for girls aged 10–14. 4 weeks**, Conference Hall, **15.15 – 16.15**. This fun class teaches hip-hop routines, while helping build fitness and confidence. Contact **Nichola** on **086 317 5042** to secure your place for the 4-week term.

**Chair Yoga Class:** continues **Mondays at 12.15** in the Conference Hall. Classes are suitable for anyone who does not enjoy being on a mat and older adults who want to build their strength, improve their balance and want to move with confidence. Suitable for all levels of fitness. For more information Contact **Cora** on **086-8795643**.

**New Class: Dance Craft**, a well-established local dance group, returns to the Pastoral Centre with **Ballroom and Latin classes** for children and adults of all ages and levels, Wednesdays and Saturdays. Private tuition also available. Pay-as-you-go. **New members very welcome.** Contact Kelly: 086 888 5657.

**St Nicholas Montessori** – located in Room 1 of the Pastoral Centre -places available for September 2026, now enrolling. Contact [info.school@smsi.ie](mailto:info.school@smsi.ie) for more information.

**Yoga Classes** continues with Emma on Saturdays. **Please note the new time of 10.30am – 11.30am in The Murray Centre.** For further information or to book a place please contact Emma on 086-3935141 or [duff.emma@gmail.com](mailto:duff.emma@gmail.com)

**Summer Camps:** We are delighted to welcome back **Bricks4kiz** summer camps to the Pastoral Centre in July 2026. Camps provide the opportunity for kids to develop and display their STEM and creative talent. For more information or to book a place please contact Raj 087-7188020

**The Nutty Scientists Summer Camp** Let them Step into the shoes of different types of scientists! Every day in this summer camp children will learn science related concepts while pretending to be science professionals. Nutrition, Germs, DNA, Smoke signals, Space Rockets, Ecology, Vacuum Effect, Chemical Reactions, Elephant toothpaste, State of matter, Dry Ice, learn how to make soap & cream, playing with density, Static electricity, how robots work & much more! Our website is <https://nuttyscientists.com/dublinsouth/>

**Coffee Dock – 9.00am to 12:30pm from Monday to Friday.** Come along, bring a friend, a warm welcome awaits you! An up-to-date listing of all **activities** is available from reception in the Pastoral Centre.